



Dynergh - Welcome

6th November 2009 Issue 9

to the Lev Krev Kernow lyther-nowodhow:newsletter!

Here's where we keep you updated on the latest sessions, future sessions and upcoming events.

"Lev Krev Kernow" is Cornish for "Vocal Force Cornwall" - a project managed by Cumpas (Cornish Music Projects) as part of the nationwide "Sing Up" program.

Aims of the project include developing a network of vocal leaders for primary age children, provide appropriate training & support to enable the network to share their skills & repertoire in both leading singing and working with primary age children.

Focus Session Sat 31st October

17 participants made their way to the Columba Centre for the fourth Lev Krev Kernow focus session on "Singing without Notation" with Vicky Abbott.

Warm Ups

Vicky began with some simple warm-ups - shaking, jaw-dropping, lemon sucking, shoulders, knees unlocked, stretches, hissing, panting, breath snatching, sighing, and scales with yaya's, haha's, vowels and constanants.

Getting the rhythm

Vicky uses rhythm lots to get groups working together, have fun & to concentrate. Counting in pairs with someone you don't know so well: 1-2-3, 1-clap-3, counting as a group 1-2-3-4, &



then clapping for the 1 & silently counting 2,3,4 a few times round, clapping for the 2 with silent counting & so on. Repeating with the eyes shut ... & finally in 2 groups, clapping on the off-beat. As an extra challenge, participants learnt the "Louisiana Handclap", which once mastered is performed by pairs in a 4-set.

As an extra tip during the session, Vicky suggested moving as you sing - keeping a right-together, left-together step beat.

Songs

Vicky taught the round "Ama-ee-bu-a-ee-ay" (the sound of the rain forest) as a warm up, and for people to "fend for themselves", splitting into 2 groups, then 4, then 8 and eventually individuals.

"Work on", "Bright Morning Stars", "Tender" & "Hashivenu" were learnt in 3

& 4 part harmony, with everyone learning the melody at the start.



Special thanks to Kay Peacey for her beautiful singing and helping Vicky teach the harmonies.

Twilight Session Mon 9th Oct

12 participants joined the session at Perranporth School. Warm-ups included "passing the rain around" with hand rubs, clicks, mini-claps, knee slaps, stamps and back, a recollection of playground clapping songs & a "sonic bath". Participants learnt the St Day Carol, a mazurka, with part of the chorus in Cornish.

Audio clips of "Ama-ee-bu-a-ee-ay", "Work on", "Bright Morning Stars" & "Tender" are all on the Facebook page, along with the St Day Carol.

Contact: info@cumpas.co.uk / 01209 313 233 / 07748 920 393 / Facebook (Lev Krev Kernow)

Sing Up - the Music Manifesto National Singing Programme, produced by Youth Music, The Sage Gateshead, AMV-BBDO, and Faber Music, supported by the Government

PROJECT UPDATES

- October
- November
- December
- January
- February
- March
- Y2**

- 1 PERRANPORTH & PADSTOW:** Lynne, Lyn, Marion, Nikki, Linda, Sally T
Lynne, Lyn & Nikki visited Perraners - request for Perranporth School Choir to sing with ladies choir in Christmas concert
- 2 ST AUSTELL AREA:** Anita, Jo, Pema, Frances, Sheila, Fiona
Kescana to Treverbyn & Mevagissy Schools (Cornish songs & stories into classroom - performance & learning)
- 3 FOWEY / PAR:** Kay, Gary, Penny, Liz
Community Choir visit to Fowey Primary, Staff Singing Group, Staff singing support / skill share, digitizing resources by children through Garage Band
- 4 NEWQUAY:** Jude, Emma
Newquay MVC link (Rob Sparrett), aiming to promote boys singing (perform, ask boys to join boys' choir (with other Newquay schools), with finale BIG SING
- 5 Redruth:** Jon, Hilary
Sense of Place, with Cornish language & Cornish songs at Rosemellion School
- 6 TRURO:** Sally H, Kerensa, Averil, Mo, Mary-Ann
Pre-School & Youth Groups
- 6 FALMOUTH:** Kate
Celtic project (Irish/Cornish) with St Mary's Catholic School ... outreach
- 7 PENWITH:** Pip, Jenny, Kath
Singing Festival/ Singing for Dancing - w/c March 15th



FINALE
Sing the Saint's Way

CRB Checks

Practitioners working within schools may be permitted with the head teacher's permission, providing they are accompanied at all times by a member of staff.

Alternatively CRB checks can be carried out FREE by KEAP for voluntary work, or by the school. Contact KEAP on hreynolds@cornwall.gov.uk

Focus Session - 21st Nov

Choral Directing, Boys Singing & Repertoire Refresh

Focus session with Angela Renshaw, Musical Director for Holman Climax Male Voice Choir & Cornwall Boys' Choir, and Chris Gray, Truro Cathedral.

A great opportunity to learn about boys' singing and choral directing from two of the finest choral leaders in Cornwall.

Plus your chance to refresh your Cornish repertoire with Hilary and Frances! Bring & share lunch!

Directions

From the A39 to Wadebridge, take the 2nd exit at Trekenny rd about to St Column Major; pass 3 chicanes along Station Road; continue onto Fair Street; turn LEFT after the RED LION into Victoria Street & immediately RIGHT; drive at the Church & turn left into the car park



Training Dates

Date	Time	Venue	Detail
Sat 21st Nov	10:00-17:00	Columba Centre, St Columb Major	Chris Grey/Angela Renshaw - Choral Singing
Thu 26th Nov	17:00-19:00	Fowey Primary	Twilight Session
Thu 3rd Dec	09:30-15:30	Launceston CP School	Singing Playgrounds with Sue Nicholls (free Sing Up training day - book via jemima.taylor@keap.org.uk)
Fri 4th Dec	09:30-15:30	The Tolmen Centre, Constantine	
Wed 9th Dec	17:00-19:00	Padstow/Newquay (tbc)	Twilight Session
Thu 17th Dec	20:00-23:00	The King's Arms, Luxulyan	Christmas Carols with Lanlivery Singers

Community Choirs & Children's Choirs

St Ives, Truro, Penzance, Helston, St Austell (afternoons): Neil Shepherd
www.cornwallcommunitychoir.co.uk / 01736 759944

Redruth: Monday eves - Sophie 07773 330393 Thurs eves - Jill 07974 689595

Fowey: Thurs eves - Kay 0780 5486 606

Penryn: Thurs morns - Claire Ingleheart 07791945770

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