

lyther-nowodhow : newsletter



21st September 2009 Issue 5

Dynergh - Welcome

to the Lev Krev Kernow lyther-nowodhow:newsletter!

Here’s where we keep you updated on the latest sessions, future sessions and upcoming events.

If you’re new to Lev Krev Kernow - Vocal Force Cornwall, you can find back-issues of this newsletter online via KEAP under the Sing Up program. Clips & pics are on the Lev Krev Kernow Facebook page. If you’d like to join the program, do drop us a line, or give us a call. Contact us at: info@cumpas.co.uk / 07748 920 393 / [Facebook](#)

Focus Session

Sat 19th September

11 participants found their way to the Columba Centre in St Columb Major to enjoy a day full of singing in the Centre, the church & outside along with a 1:1 with Cheryl.

Repertoire Refresher

Hilary Coleman began the morning’s session with a recap from participants on the words from previous sessions to find key words and what they meant.



Frances Bennett followed with a warm-up to the Nancladra/Hushabye track from Dalla’s album, More Salt, walking round the room with “tsssss” sounds, greetings and “la”s in time to the music. **John Rowe**, **Sally Brown** and the **Harvest Song** were sung, split into call & response /harmony & rounds.



Singing School

Kath Matthews ran through the **St Piran’s Round** &



Peter’s Choice along with **Everwhere You Go** and

everyone’s favorite, **If You’re Feeling Grumpy**. Participants were then introduced to a couple of brain gym exercises with “Switch”, setting a rhythm, for all to follow, with the leader changing and then crying “Switch!” for all to follow, and **My Bonnie Lies over the Ocean** with bends on the “B”s and actions for each word. Finally, a run through of **Sensaneena** in 2 part harmony, and the **Chicken Song**.

Songs from Kescana

Practitioners Jo Tagney, Pema Wainwright, Frances Bennett & Anita Wells-Cock have been singing in Cornish & English together for over 20 years as part of the group, **Kescana**.

Four songs were learnt with harmonies, beginning each time with the melody, followed by the bass, line by line, and finally the alto. With the parts learnt,



participants headed to the church to sing **Maid in**



Bedlam and out into the sunshine to sing **Hungan (Lullaby)**, **Cadgwith Anthem** & **Lamorna**.

Vocal Warm Ups

Cheryl Rosevear worked with individual/pairs during the day to stretch the vocal range: as they returned to the room, they were buzzing with their achievements. We will plan for a repeat of this invaluable session for those who missed it this time.



Fatla genes? - How are you?

To help you see how strong (kreffa) you're getting in what's important to you in this project, and for us to see where there are gaps, we introduced an optional "Fatla genes?" chart in the last two sessions. Feel free to bring yours along to each session - we're happy to run through individually and/or as a group.



Name: _____

Vocal Force Cornwall
'a strong voice for Cornwall'

Cornish repertoire	choral leading	singing a cappella									
Cornish dialect	classroom skills	singing with notation									
vocal health	teaching a new song	singing without notation									
confidence	networking	songwriting									

Fatla genes? : How are you?

Add a symbol for each key skill in the table above, and plot how you feel you're doing in the table below each month: gwadn (weak), da lowr (good enough), krev (strong), kreffa (stronger), an kreffa (strongest).
Feel free to add any extra skills you would like to learn during your training with the Lev Krev Kernow project

an kreffa strongest												
kreffa stronger												
krev strong												
da lowr good enough												
gwadn weak												
	Sep-09	Oct-09	Nov-09	Dec-09	Jan-10	Feb-10	Mar-10	Apr-10	May-10	Jun-10	Jul-10	Aug-10

Sing Up - the Music Manifesto National Singing Programme, produced by Youth Music, The Sage Gateshead, AMV-BBDO, and Faber Music, supported by the Government

Feedback on the latest Session

"Lev Krev has given me the confidence to go out, teach songs and inspire other too. We had the whole school and parents in tears (happy tears!) in our leavers' assembly last summer term!"

"I look forward to every Lev Krev session, getting to know more 'Cornish singers' and becoming a 'Cornish singer' myself, having come 'home' after 20 years away. I cannot tell you how proud I felt when I saw myself teaching on the facebook site. Thank you!"

"Thoroughly enjoyable day - learning together, learning without notes, singing outside - a memorable and very useful session."

"It was a real gift to be able to spend some time with Cheryl [individual voice session] - plenty to think about!...and the singing and meeting with everyone is WONDERFUL!"

"Experience of the past we bring to our singing, we think of the new in our experience as we sing and we look to the singing experiences of the future."

"I thoroughly enjoy the Lev Krev sessions. It is a wonderful feeling to understand a sense of place through music and song. I love the Cornish songs and learning the language and feel very fortunate to be part of this project. Many thanks."

Video Clips & Lev Krev Kernow Book

Video clips & pics of the sessions, and repertoire are gradually becoming available via Facebook for you.

We will be compiling a book of the repertoire for you over the coming few terms, once funding is in place.

Lev Krev Kernow Sessions

Thu 24th Sep: 5-7pm @ Biscovey Jr School

Mon 5th Oct: 5-7pm @ Trenance Infants

Wed 21st Oct: 5-7pm @ tbc

Sat 31st Oct: 10-5pm @Columba Centre
Vicky Abbott - Singing without notation

Mon 9th Nov: 5-7pm @ Perranporth School

Our focus over next term will be pairing up practitioners & teachers for projects.

Twilight sessions always include singing, networking and cake!

Sat 21st Nov: 10-5pm @ Columba Centre
Chris Grey/Angela Renshaw - Choral Singing

Thu 26th Nov: 5-7pm @ Fowey Primary

Wed 9th Dec: 5-7pm @ tbc

Network Events

Community Choirs

Mondays: Krowjji, Redruth

Tuesdays: Carbis Bay

Wednesdays: Truro

Thursdays: Four Lanes
Fowey (3rd)

plus ... a chance to hear good music & song, dance & enjoy good food at the annual BYO Nos Lowen with Caracana, Kescana & the Cabbage Stalks on Sat 12th October @ Tywardreath Scout Hut

Free Sing Up Training Days

Early Years, Sing Up Awards & the use of IT with singing

Mon 19th Oct @ Hayle Community Centre

Tue 20th Oct @ Launceston Methodist Church

Fri 6th Nov @ Chacewater Village Hall

Singing Playgrounds with Sue Nicholls

Thu 3rd Dec @ Launceston CP School

Fri 4th Dec @ The Tolmen Centre, Constantine

Email jemima.taylor@keap.org.uk for a booking form

Let us know if you've an event you'd like to be added here!